



Alternatives  
4 children

# Macheo, Children's Centre Thika, Kenya

[www.macheo.org](http://www.macheo.org)

## PRIMARY SCHOOL PROGRAM ANNUAL REPORT - 2016

### INTRODUCTION

The Primary School program continued on well with the guidance of the vision of the Macheo children's centre which is to have a society where the children live happily in a safe, caring and stimulating environment that promotes the best of their potential. The program was also been guided by the mission which is to empower and protect vulnerable children and their communities so that they can lead a bright future. Macheo started using a holistic approach where by seven domains were used to ensure that children are assisted according to their needs and interventions are carried out effectively and efficiently. These seven domains included;

- Protection
- Education and skills
- Food and Nutrition
- Shelter
- Care
- Health
- Psychosocial

The domains cover the age category of 1000 days to 25 years of age children. The work is covered in 6 Geographical areas of the 3 counties that Macheo works with. Each area has an area social worker who identifies the needs of the children and the community. After the identification and the realization of the services that are needed, the area social worker refer the beneficiaries to the relevant service provider for interventions. The work is being carried out in schools and in the community.

The monitoring and evaluation department has was also involved in the activities of the program. Their role was to ensure that the activities done in schools and in the community are measured and rated according to the level at which the beneficiary was when being identified and according to the level at which the beneficiary is progressing during intervention period and by the time the beneficiary would be exited after the intervention. This really helped in ensuring that all the beneficiaries are followed and all the interventions needed for them to benefit are carried out effectively and efficiently. The ratings were done by the social workers who identified the beneficiaries and the counselors.

Primary school program mainly worked under Education and skills domain as service providers where the goal and the objectives of the domain were;

- Access to Education for the children who have attained school going age
- Ensuring that children are retained in school until completion of basic education
- Ensuring that children have a child friendly environment at school
- Ensure that children have access to daily basic nutrition intake.
- Ensure that children have good quality education.

The children continued to benefit from various activities that were carried out in the schools and most of them were able to access school and were retained in schools.

## The Annual Report

The year was good and the activities went on well however there were some challenges during the last term of the year. The challenges were the term being short since the schools were opened on 31st August 2016 and were closed on 28th of October. This was a directive from the ministry of education to enable all the children who were sitting for the Kenya Certificate of Primary Education and Kenya certificate of Secondary education to continue with the exams without the presence of other students in schools. It was a busy term since the teachers had to cover the syllabus and give exams to the children who were in classes one to seven and they were expected to give the results before the schools closed. The teachers were also revising with the class eight students since they were to sit for the national exams in November.

The macheo primary school program's activities went along well with the schools' activities. Before the start of the activities which were carried out in the schools by macheo, a partnership contract was signed between the partners and macheo. The cooks also had to sign the contracts and the parents' contribution was to be collected before the start of the feeding programs. All this was done in the first week when the schools opened.

## ACTIVITIES

The activities went on well and the children continued to benefit from different activities during the year. The objectives of the program were achieved through the different activities as shown below. The data of the children who benefitted from various interventions covers the period of January to November 2016.

## ACCESS

A total of 282 children who had attained school going age were identified and was made possible for them to join schools. They had various reasons as to why they had not joined school. Some of these reasons were lack of school levies of which the social workers addressed with the head teachers, the children were allowed to access school. Some other children were not able to access school due to lack of uniform and once it was provided by Macheo they were able to join school. The social workers were able to rate each child according to the level the child was when being identified. After various interventions, 92 children which is equivalent to 33% were successively exited after being stable in schools. A total of 170 children which is equivalent to 67% are still being followed since they have not yet stabilized and some have other issues that need services.



## RETENTION

A total of 667 children who were at a risk of dropping out of school and others who had dropped out of school were retained back. Various interventions were done depending with the needs of the particular children. Some of the needs were lack of school uniform which was provided to the ones who needed, lack of parental guidance of which the parents were given advice and shown the importance of education, lack of school levies where the social workers advocated for the children and the parents were able to commit themselves to pay in installment. 286 children which is equivalent to 43% were exited after various interventions and 381 children which is equivalent to 57% are still being followed by the social workers since they needed more follow ups.

## CHILD FRIENDLY ENVIRONMENT

The children continued to enjoy a friendly environment in schools and at home. At school the children were provided with balls which made them enjoy play in schools. For the children to learn comfortably in schools, 3 schools benefitted from desks. The schools were Silanga primary, Thika Barracks primary and Oakland primary. The children enjoyed sitting comfortably in class.

Various activities like leisure activities and tournaments were carried out in the different schools to enable the children enjoy being in schools and have a friendly environment. The activities were organized by the social workers, the sports and games coordinator and the teachers from the Schools. Some schools were provided with balls to enable them to participate in ball games that were organized all over the country. It was made possible for 2 schools to participate in music festivals up to national level by supporting the schools with funds that were used for transport. 274 children benefitted from the join for joy camps which were held at Naivasha.

Home visits were conducted and a total of 648 children who needed follow ups at home were identified by the social workers of which 182 children which is 28% were exited and 466 children equivalent to 72% are still in progress. The school visits were conducted and 379 children were identified for close follow ups. By the end of the year 149 children which is 39% were successively exited and 230 children are still in progress of being followed since they need more interventions.

One school benefitted from 2 water harvesting tanks which were installed and the children are now using clean water. One school benefitted from 2 toilet blocks one for girls and one for boys. This has enabled the children to have a child friendly environment.

## Quality of Education

The schools have continued to be supported through motivation of the children. The children who have been improving in performance and the ones who have been leading in performance were motivated with different incentives. A total of 3024 children from primary schools and all the nursery children were also motivated during the year. The teachers were also appreciated to encourage them continue supporting the children. During the school visits and the home visits 184 children who had challenges in education were identified and various interventions were done to enable them to perform better in schools. The social workers supported by encouraging them to develop a positive attitude towards education. The parents were also advised to continue encouraging their children by showing them the importance of education. After various interventions 79 children who were among the 184 children who had been identified having challenges were successively exited from follow ups and 105 children are still in progress of being followed since more interventions need to be conducted.





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## NUTRITION

The children continued to benefit from the lunch and porridge program. The year started by sensitizing the teachers and the parents as to why feeding program is conducted in schools. They were made aware that the program's main objective was to ensure that children access schools and are retained in school until completion of class 8. With the sensitization targeting of the children who needed food most and would be at a risk of dropping out of school was done in seven schools. This had a mixed reaction from the teachers and the parents and it was successive in some schools though others did not support the idea. An average of 6920 children benefitted from the lunch program with an average of 1290 vulnerable children and 5629 participants benefitting from the same. An average of 10183 children benefitted from the porridge. During the school and home visits a total of 347 children were identified who needed close follow up because of issues related to food and nutrition. After interventions 146 children which is 43% were successively exited and 201 which is 58% are still being followed since they need more interventions..

Below is the summary of the progress of the children who were identified rated and followed during the year. The summary shows the number of children who were closely followed in the different objectives and the number of children who were exited successively. The remaining number is still being followed.

### YEAR 2016 SUMMARY

PSP Objectives	Number of Beneficiary per Objectives	Exited Beneficiaries		Beneficiaries on Progress	
		Number of Beneficiaries	Percentage	Number of Beneficiaries	Percentage
School Access	282	92	33%	190	67%
School retention	667	286	43%	381	57%
Child friendly environment (Home)	648	182	28%	466	72%
Child friendly environment (School)	379	149	39%	230	61%
Nutrition	347	146	42%	201	58%
Quality of Education	184	79	43%	105	57%

## HEALTH

### DEWORMERS

The children continued to benefit from the Dewormers. They were given talks on health which included hygiene and cleanliness. They were advised on washing hands before meals and after visiting the washrooms to avoid diseases. This was done by the social workers as they issued the dewormers to the children. An average of 11,189 children benefitted from the same.

### COUNSELING

Counseling went along well with the schools activities. Some of the clients were referred by the social workers, others by teachers and others were identified by the counselors through other children. A total of 1788 children benefitted from 1800 individual sessions and 375 group sessions were also conducted and 13,344 children benefitted.

The tables below show the number of individual and group sessions taken through by the counselors to the children and the topics that were addressed;

**Figure 1.0: Individual Counseling Report**

#### Individual counseling reports Year 2016

Topics/ Issues Addressed	Number of Sessions	Number of Beneficiaries
Behavior Change and Communication	133	21
Chronic absenteeism	22	
Domestic Issues	332	143
Domestic Issues, Behavior Change and Communication,	19	20
Domestic Issues, Health	4	4
Domestic Issues, Health, Drugs and Substance Abuse	4	4
Domestic Issues, Hygiene	3	3
Domestic Issues, Self Esteem	2	2
Domestic Issues, Self Esteem, Trauma	3	3
Domestic Issues, Trauma	3	3
Drugs and Substance Abuse	59	5
Health	108	45
Hygiene	19	6
Identity crises, self esteem	4	4
Identity Crisis	332	87
Loss and Grief	204	19
Sodomy	5	5
Performance/Academic	358	139
Psychological abuse, Health	5	5
Rape and Defilement	23	11
Rape, Domestic	5	5
Self Esteem	83	16
Trauma	70	51
Shock	10	10
Domestic Issues, Identity Crisis, Behavior Change and Communication	5	5
Domestic Issues, Rape and Defilement	5	5
<b>Total</b>	<b>1800</b>	<b>1788</b>



Figure 2.0: Group Counseling Report

Group counseling reports Year 2016

Topics/ Issues Addressed	Number of Groups	Number of Beneficiaries
Drugs And Substance Abuse	16	1332
Performance	25	981
Self Awareness	39	1021
Domestic Issues	14	476
Relationship	19	874
Bcc	18	647
Self Esteem	13	452
Goal Setting	8	340
Discipline	6	272
Body Development	3	124
Life Skill	40	1308
Adolescence	23	533
Time Management	8	822
Good Morals	13	448
Sensitization On Sodomy	1	55
Hygiene	7	130
Family Relation	3	8
Teenage Pregnancy	1	27
Parenting	9	251
Identity Crisis	2	30
Sexual Abuse Awareness	15	508
Effects Of Politics In Class	1	13
Anger Management	2	13
Hard Work	2	64
Responsibility	1	3
Boy/Girl Relationship	1	8
Responsibility	1	3
Value Of Education	9	456
Sexually Transmitted Infections	11	362
Stress Management & Teenage Parenting	1	24
Substance Misuse In Relation To Education	1	80
Team Work		
Self Defense, Discipline	1	10
Play Therapy	3	51
Psycho Education On Parenthood	6	134
Loss And Grief	5	252
Order And Instructing	1	31
Peer Pressure	8	245
HIV, Aids And STIS	2	281
Effective Study Guide	6	193
Exam Preparation Guide	15	77
Child Abuse	6	130
Motivation	6	264
Role Model	3	11
<b>Totals</b>	<b>375</b>	<b>13,344</b>

## Referrals

The children who have been identified with other issues which could not be intervened in the primary school program were referred to other service to get the right assistance and benefit. A total of 455 children benefitted from the same.

## THE STAKE HOLDERS

Macheo primary school program has been successful for working closely with all the stake holders. The government through the Education officers, the public Health Officers and the children officers have worked closely with program. The teachers have also enabled the program to be successive by the support that they have given the Macheo staff. The parents have also played their role well of attending the meetings that have been organised by macheo staff, most of them have been cooperative though some needed more motivation to be able to attend to their children. The children have also played their role of attending school and those who were identified for various interventions they have been cooperative.

## CONCLUSION

The children have benefitted alot through the activities that have been conducted in schools and in the community. Though there has been some challenges like the national teachers' strike which took place in course of the year. The goal and the objectives of the program were achieved. Children accessed school and they were retained in schools.

## Apprieciation

On behalf of all the children and all the primary school program stake holders macheo wish to appreciate your great commitment and support that you offer through out the years to bring change in the lives of many. Feel encouraged as you render your support to them. Thank you very much for the continued support.

BRINGS CHANGE  
IN THE LIVES  
OF MANY

### MASH-UP

the Netherlands

KIDS joined  
workshop  
at ADOBE

Result:  
Logo, website  
and FB page



Tech inspiration for children  
from underprivileged communities

282 kids supported  
to join school

3 schools  
with new desks



2 schools with  
water harvest  
tanks & toilets



667 kids avoided to  
drop-out school

Schools  
provided  
with  
balls



10,183 kids  
joined peeridq z  
program



247 kids  
joined national  
music festival & camp